

PLATTER 1

STARTERS

Humus, Cacik, Russian Salad,

MAIN COURSES

Lamb Doner, Chicken Doner, Lamb Shish,
Chicken Shish, Shish Kofte

Served with rice, fresh salad, grilled tomato & peppers

For 2 People £24 For 4 People £40

PLATTER 2

STARTERS

Humus, Cacik, Russian Salad,
Yogurtlu Ispanak, Yaprak Sarma

MAIN COURSES

Lamb Doner, Chicken Doner, Lamb Shish, Chicken Shish,
Shish Kofte, Lamb Chops (4pcs)

Served with rice, fresh salad, Grilled Tomato & Peppers

For 2 People £32 For 4 People £52

SIDE ORDERS

COBAN SALATASI.....	£4.00
YESIL SALATA	£4.00
TOMATO & RED ONION	£4.00
PARSLEY SALAD.....	£4.00
GREEN SALAD	£4.00
PLAIN YOGURT	£2.00
CHIPS	£2.00

HOT DRINKS

AMERICANO	£2.00	HOT CHOCOLATE	£2.50
black or white		with fresh cream and	
LATTE	£2.50	marshmallow	
CAPPUCCINO	£2.50	TEA	£2.00
ESPRESSO	£1.50	HERBAL TEA	£2.00
		Camomile, Green Tea,	
		Earl Grey, Peppermint &	
		Summer Fruits	

DRINKS

CANNED DRINKS	£1.25
FRESH AYRAN	£1.50
FRESH SALGAM.....	£2.00
WATER	£1.25



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Tuana Restaurant

Find us on;



www.tuana.co.uk



Tuana Restaurant



Take Away Menu

FREE HOME DELIVERY

Free delivery on orders over £20
£5 delivery charge on orders under £20

Tel: 0208 4444 015



STARTERS

- 1. HUMUS V**£3.50
Puree chickpeas with tahini, garlic and lemon.
- 2. CACIK V**£3.50
Cucumber, mint, a hint of garlic mixed in strained yoghurt.
- 3. TARAMA**£3.50
Freshly prepared whipped cod roe.
- 4. ŞAKŞUKA V**£3.50
Fried aubergines, potato, green peppers, onions, garlic, tomato sauce.
- 5. HAVUÇ TARATOR V**£3.50
Fried carrots, yoghurt, olive oil and garlic.
- 7. KISIR V**£3.50
Bulgur wheat, mixed spring onion, tomato sauce, olive oil and herbs.
- 8. İSPANAK TARATOR V**£3.50
Fresh spinach with yoghurt, olive oil and garlic.
- 9. RUSSIAN SALAD V**£3.50
A traditional Russian salad with diced boiled potatoes, boiled carrots and peas, pickles, sweetcorn and mayonnaise.
- 11. YAPRAK SARMA V**£4.00
Stuffed vine leaves with rice, onion, garlic, herbs, tomato puree, parsley and cooked olive oil sauce.
- 26. IZGARA SUCUK**£4.00
Grilled spicy beef sausage cooked over charcoal.
- 32. MİTİTE KÖFTE**£4.00
Pan fried mini meat balls made from lamb with onions and mixed herbs.
- 25. SİGARA BÖREĞİ V**£4.00
Filo pastry filled with feta cheese and parsley.

SOUPS

All soups are served with black olives, pickled peppers & bread

- 34. MERCİMEK Lentil Soup V**£4.00
- 35. SEBZE Vegetable Soup V**£4.00
- 36. TAVUK Chicken Soup**£4.00

V: Vegetarian N: Contains Nuts

KEBABS

- | | Small | Large |
|---|--------------|---------------|
| LAMB DONER | £5.00 | £7.00 |
| Lamb doner served with rice and salad. | | |
| CHICKEN DONER | £5.00 | £7.00 |
| Chicken doner served with rice and salad. | | |
| LAMB SHISH | £6.00 | £8.00 |
| Marinated lamb cubes served with rice and salad. | | |
| CHICKEN SHISH | £6.00 | £8.00 |
| Marinated chicken cubes served with rice and salad. | | |
| SHISH KOFTE | £6.00 | £8.00 |
| Shish kofte, minced lamb, red peppers, parsley grilled on skewer served with rice and salad. | | |
| LAMB RIBS | | £7.50 |
| Lamb ribs grilled on charcoal served with rice and salad. | | |
| ŞEFTALİ KEBABI | | £8.50 |
| A Turkish Cypriot speciality made with minced meat, chopped onion and spices, wrapped in lamb fat and chargrilled. | | |
| HALEP | | £9.00 |
| Char grilled minced Lamb served with onions and tomato sauce, topped with butter. | | |
| CHICKEN WINGS | | £7.00 |
| Marinated chicken wings served with rice and salad. | | |
| YOGURLU ADANA | | £10.50 |
| Shish kofte, minced lamb, red peppers, parsley grilled on skewer and on a bed of bread, topped with tomato sauce and yoghurt then drizzled with butter. | | |
| İSKENDER KEBAB | | £10.50 |
| Sliced lamb doner on a bed of bread, topped with tomato sauce and yoghurt then drizzled with butter | | |
| TUANA SPECIAL BEYTI | | £11.00 |
| Lamb Chop cutlets marinated with Tuana's special sauce and wrapped in sheet of breast lamb, served with grilled red, green peppers and onions. Accompanied by rice and salad. | | |
| LAMB CHOPS | | £10.50 |
| Tender lamb chops seasoned served with rice and salad. | | |
| MIX DONER | | £8.00 |
| Lamb & Chicken doner served with rice and salad. | | |
| MIX KEBAB | | £10.50 |
| 1 lamb shish, 1 chicken shish, lamb doner, chicken doner, served with rice and salad. | | |

FISHES

All fish dishes are served with mix vegetables, potato and salad

- SEA BASS**£13.00
Grilled Seabass on charcoal.
- SEA BREAM**£12.00
Grilled Sea Bream on charcoal.

STEW DISHES

- 53. KLEFTIKO (İNCİK)**£10.00
Kleftiko slow cooked shank of lamb with Mediterranean vegetables served with mash potato or rice.
- 54. MUSAKKA V**£8.00
Sliced aubergines, courgettes, potatoes, carrots, mix peppers topped with béchamel sauce served with rice and salad.
- 56. MANTI**£9.00
Dumpling stuffed with minced lamb, herbs and garlic yoghurt. Served with drizzled butter.
- 58. İÇLİ KÖFTE**£8.50
Minced lamb with onions, garlic, spices, stuffed in bulgur wheat crust, served with yoghurt.
- 57. KARNI YARIK**£8.50
Whole fried aubergine filled with minced meat, tomatoes, onion garlic and herbs served with rice and salad.
- 32. MİTİTE KÖFTE**£10.50
Pan fried mini meat balls made from lamb with onions and mixed herbs.

BURGERS

All Burgers are served with chips and salad.

- QUARTER POUNDER**£4.00
- CHICKEN BURGER**£3.50
- VEGGIE BURGER**£3.50

DESSERTS

- RICE PUDDING (FIRIN SUTLAC)**£4.00
Traditional oven baked rice pudding.
- KABAK TATLISI N**£4.50
Specially prepared pumpkin with sugar syrup, stick cinnamon and cloves cooked in the oven served with ice-cream.
- BAKLAVA N**£4.50
Pastry, walnuts, pistachio, sugar syrup optional ice cream.